

Ways of the Heart

A nine month group process for the development of Spirit

Facilitated by

Jan Bayshor, M.A. and Elizabeth A. Reed, Ph.D.

Description

The cycle of experiences for this second offering of Ways of the Heart will have as its foundation the exploring and embodying of the Great Feminine (for both women and men). This includes focus on, experience of and practice with energies of inclusion, integration, relationship, space and spaciousness, as well as developing the wisdom required for intuition that is based on both openness and depth awareness.

Our ultimate task is to clarify ways we can be of service at all levels: in our local lives, with the larger community and with the planet itself.

This group is offered in order to:

Provide an ongoing spiritual community for collaborative support .

Affirm that spiritual deepening is the central focus and value in our lives.

Provide a space where all traditions and paths are welcomed.

Provide a space where wisdom from many traditions is utilized.

Clarify one's own Divine Purpose in the world that empowers us for Divine Service.

Provide experiences of practices and processes that empower individual and shared spiritual tasks.

Develop the inner self for the deepening of compassion.

Expand the capacity for passionate action in the external world.

Build and strengthen Fields of energy that are needed on the planet.

Experience the collective and supportive energy that is necessary for such Fields to develop.

Commit to ongoing group energy between sessions.

2007-2008 Dates

This Ways of the Heart group will involve commitment to a nonresidential retreat at the beginning and at the end. These retreats (currently planned as nonresidential, though we may consider a residential overnight if the group desires) will be held Friday night 6:00 – 9:30 p.m. and all day Saturday 9:00 a.m. to 3:30 p.m. There will be an all day session held every other month from 9:00 a.m. to 3:30 p.m.

- September 28-29 (or 29-30) – Beginning Retreat
- November 3 or 4 – All day session
- January 12 or 13 – All day session
- March 15 or 16 – All day session
- Ending Retreat – May 16-17 (or 17-18) – or could be later in May or early June if necessary to fit schedules

Fees

Fee structure is the same as in 2006:

\$140.00 per full day session

\$215.00 each for the beginning and final retreats

Persons must commit to full participation in the group experience.

Over the nine months, the total fees for this group experience will be \$850.00 regardless of whether or not you are able to attend all the group events.

It will be expected that participants will register with a deposit of \$100.00 by September

1. Remaining fees will be paid in installments of \$150 prior to or at each meeting of the group. Other payment plans can be arranged individually upon request.

Considerations

We will do our best as a group to accommodate a schedule problem of a group member (there are options for some dates which will be confirmed as people who register coordinate their calendars). Any conflicts with the set dates need to be noted and we will engage a group negotiation to try to discover an alternate day or time. However, if no resolution can be found to a schedule conflict, we will revert back to the previously established day and/or time.

To insure a quality and depth of group experience, we will limit the participant number to fifteen. Conversely, there must be a minimum of nine persons to register in order for this group to manifest.

If you would like to participate please contact Jan at 614-470-1859 or Elizabeth at 614-441-9773. An interview is required of those who have had no previous individual or group experience with either of the facilitators. This is to insure both a positive experience for the participant as well as a resonance with the group's stated purpose.