

Columbus Sufi Community  
& Dances of Universal Peace Events  
January, 2012

The **healing ritual** of Hazrat Inayat Khan will be held on the first Tuesday of each month (**Jan. 3**) from **6:30-7:30** at the Shalem Center, 881 High Street, Suite 206. Worthington, OH 43085.

You are welcome to attend if you are in good health and wish to help send healing light out to those in need.

Those desiring healing must give their permission and will be placed on the healing list to be sent the light of healing. Please send complete names to [aatoon.nina.massey@gmail.com](mailto:aatoon.nina.massey@gmail.com) before 9:00 on the Monday before the service.

A **class on Sufi Teachings and practices** based on the new book Physicians of the Heart will be held monthly, on a Sunday morning, (**Jan. 8, Feb. 5 & March 11**) at **11:00** at the Shalem Center, 881 High Street, Suite 206. Worthington, OH 43085.

This class will include zikr, breathing practices, and wazifa practice. Each mureed should check in with their guide before attending this class.

"The divine qualities are inherent in the human soul which is an activity of God... Every human being is born with many of these divine qualities intact, and everyone has the potential to develop the qualities that have not been realized." P. 379, Physicians of the Heart

**Dances of Universal Peace**  
Saturday, **January 14**  
Theme: Sam Dances  
**7:00 pm – 8:30 pm** Columbus Mennonite Church  
35 Oakland Park Avenue Columbus, Ohio 43214  
(Just east of High St. in Clintonville, one block north of North Broadway)

These are spiritual practices or simple body prayers; no previous experience is needed...donations gladly accepted. Potluck snacks afterwards!

for more information contact Thallia at [centralohiosufis@yahoo.com](mailto:centralohiosufis@yahoo.com) or at 614-486-9530

**Zikr**  
Saturday, **January 21**  
**7:30 pm - about 9:30**  
Zawiyya al Mu'min ,1000 Urlin Avenue, # 1507  
Columbus, Ohio 43212

Join the Columbus Sufi Circle for Zikr Allah, poetry, followed by sohbet, sweets. Chanted seated or standing remembrance of Allah, no experience needed.

Contact Hilal at [hilal1001@sbcglobal.net](mailto:hilal1001@sbcglobal.net) or 614-446-3337 for more information

Gathekas or "**Sufism 101**"  
Class will be held for three Monday evenings: **January 16, 30, and February 13** from **7:00-8:15** at the Shalem Center, 881 High Street, Suite 206. Worthington, OH 43085.

This class will present introductory concepts of the universalized Sufism brought through Sufi teacher Hazrat Inayat Khan. This 3-session class series will engage some of the most basic concepts along with shared spiritual practices. The class is open to those who are not initiates within a Sufi path; it welcomes and is in fact designed for those interested simply in learning more about Sufism as a spiritual path. There will be readings and discussion with chant, meditation, and/or body prayer included in each session. No prior experience or preparation is needed.

Contact Munira Elizabeth Reed for more information at [reed@shalemcenter.org](mailto:reed@shalemcenter.org)

