

Gathas Class (Sufi Studies)

Taught by Aatoon Nina Massey

Sohbet: "Mystical conversation on mystical subjects"

(The Essential Rumi by Coleman Barks, p. 76)

Schedule: 2nd & 4th Tuesdays of each month, June 9 and 23, July 14 (no class July 28), August 11 and 25 from 6:30-8:00 p.m.

Classes held at:

Shalem Center

881 High Street, Suite 206.

Worthington, OH 43085

Class structure:

- Each session begins with the prayers of Hazrat Inayat Khan followed by the elemental breaths and a 20 minute meditation.
- The group then focuses on the 'Gathas,' sacred writings from Inayat Khan with commentary by Samuel Lewis.
- This focus is accompanied by wazifa, ryazat and sohbət.

For more information: please contact Aatoon Nina Massey at 614-949-6197